

COURSE OUTLINE 2012

Subject and Level:

Year 11, 12 and 13 International Physical Education

Course Prerequisites:

Course Prerequisites: International Student

Academic requirements: none.

Other requirements: Students must wear the correct LPHS PE uniform and no jewellery may be worn during practical lessons. An interest in physical activity, sport and a desire to learn and improve themselves are essential.

Aims:

Students will gain knowledge, skills and experience to:

- Understand how participating in physical activity affects their well-being/haoura.
- Understand basic body functions and their influence on the performance of physical activity, including anatomy, biomechanics and physiology.
- Develop an understanding of factors that affect their physical performance and how they can improve their ability.
- Demonstrate safe practice in a range of activities.
- Develop interpersonal skills when working within a team.

Course Content:

Depending on the number of students taking the subject, the course may be tailor-made to suit the students' needs and abilities.

- International student's path – for students from overseas. This course will allow all overseas students the opportunity to take part in practical physical activity every week. It will cover a wide range of sports and recreational activities. The focus will be on taking part, enjoyment, and learning new sports without the need to complete lots of written assignment.

Assessment:

There will be a range of assessment opportunities throughout the year. All assessments are internally assessed and each student will have the opportunity for reassessment if required.

Where does this lead to:

This course will improve your personal ability across a range of physical activities. It will also develop and improve your knowledge of how the body works and how you can improve your performance. It will give skills for careers in the sports industry, physical education, uniformed services, recreation and tourism. It will also provide the knowledge and skills to move into Y12 Physical Education.

Appeal procedures:

The PE Department follows the approved LPHS Assessment Appeals procedure.

Contact for further inquiries:

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